

More Websites for Recovery and Support

1. Unity Recovery – Recovery Community Organization -

https://unityrecovery.org/wp-content/uploads/2019/03/Main_Logo_Large-1.jpg.webp

Unity Recovery + WEconnect + SOS Recovery + Alano Club are now offering free virtual recovery meetings during the COVID-19 pandemic

2. Recovery Link - <https://myrecoverylink.com/digital-recovery-support/>

Whether you are looking for a daily recovery meeting, a recovery yoga class, a recovery Cross Fit session, engagement with a peer specialist, or just a place to connect with your network – we've got you covered.

3. Recovery Dharma Online - <https://recoverydharma.online/>

Recovery Dharma Online organizes daily meetings accessible via computer, smartphone, or dial-in. Together we meditate, study Buddhist teachings, and support each other on our paths to sobriety and peace.

4. Parent Partnership - <https://conversation.zone/parent-partnership/>

Join with other parents in a friendly and caring atmosphere to; find support if you aren't sure if your child's drinking or drug use is typical experimentation, or something you may need to address; connect with other parents whose children have either struggled with substance use or addiction, or are currently in recovery; become informed, empowered and find resources and outside help when needed. We are not professionals – we are simply parents helping parents. There is no charge to attend. Meetings are friendly and confidential.

5. SMART Recovery - <https://www.smartrecovery.org/community/>

40+ Weekly Online Recovery Meetings, 24/7 Discussion Forums and Support (open to ages 13 and older).

6. Nar-Anon Chat - <https://www.naranonchat.com/>

This website is intended to bring together family members and friends of addicts and give them a place to communicate and learn from the each other. The Chat Room will be available at all hours for people to come together and chat live. We will hold online meetings in the Chat Room at the following times: Monday: 9 pm ET, Thursday: 9pm ET, Saturday: 8:30pm ET

7. Grief In Common - <https://www.griefincommon.com/>

The only online community designed to connect those who are grieving based on background and similar experiences for chats and opportunities to meet in person.

8. The Phoenix - <https://thephoenix.org/covid19/>

We are The Phoenix, and since 2006, our free sober active community has inspired more than 26,000 people across America to believe they have the strength to rise from the ashes of addiction through the support of those who are walking that very same path. The only membership fee is 48 hours of continuous sobriety... And we're here for you when you're ready, because together we are stronger...As we are committed to still deliver opportunities for social connection during this challenging time, we have introduced daily live-streamed, virtual programming for Crossfit, Yoga, and Meditation along with other online social events.

Apps for Recovery and Support

(not linked, find them in the Apple store, GooglePlay, or wherever you get your apps)



Daily Bread – AA Speakers



Sober.ly Sobriety Support



Within Sober Puffin, discover self-help groups and program management tools that showcase that compassion is the easiest part of the cure to gain.



Readings for Moms of Addicts,
from Sandy Swenson



Co-Dependents Anonymous